

CHAPELHAVEN WEST

WHO WE ARE

Chapel Haven is a nationally accredited transitional living program and approved private special education school founded in 1972 in New Haven, Connecticut, with a mission of teaching adults with cognitive disabilities and social disabilities to live independent and productive lives. Chapel Haven has grown to serve more than 250 adults (18 years of age and older) in the residence and the community with three distinct programs: REACH (New Haven, CT), Asperger's Syndrome Adult Transition (ASAT, New Haven, CT), and Chapel Haven West (Tucson, AZ). All inquiries are directed to Chapel Haven's Office of Admissions at 203.397.1714, x148 or 185, or e-mail admission@chapelhaven.org

OUR MISSION

Chapel Haven provides lifelong individualized services for people with developmental and social disabilities, empowering them to live independent and self-determined lives.

CHAPEL HAVEN, INC.

Connecticut Campus

1040 Whalley Avenue, New Haven, Connecticut 06515
203.397.1714, EXT 148 FAX: 203.937.2466

Arizona Campus

1701 N. Park Avenue, Tucson, Arizona 85719
520.624.9378, EXT 1

E-MAIL: admission@chapelhaven.org

Please visit us at our web site: www.chapelhaven.org

ACCREDITATIONS, CHAPEL HAVEN WEST

Approved by the AZ State Department of Education

Authorized vendor for

AZ State Department of Developmental Disabilities

EXTENDED SERVICES AT CHAPELHAVEN WEST



**A Unique Integration of Social Communication
and Independent Living**

Visit our website:
www.chapelhaven.org



Chapel Haven West, Inc.

in Tucson, Arizona teaches young adults to live independent productive lives. Our capstone program is a 24-month residential transition program targeted to adults 18+ with autism spectrum disorders and related social disabilities. We also offer a range of classes, social therapy, weekend recreation and services for interested families living within the Tucson area.

A campus interview, visit and review of intake materials will be required prior to admission. For more information, please call the Chapel Haven Office of Admissions at 203.397.1714, x148.

Our services include:

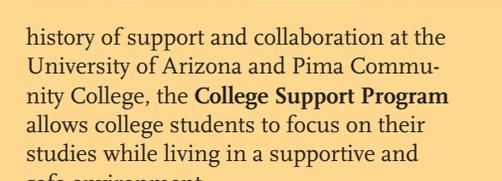
Social Communicative Competency Instruction

Led by certified speech and language pathologists at Chapel Haven West, Social Communication Therapy helps adults learn to establish and maintain relationships, problem-solve social communication breakdowns and consider the perspective of others. Expressive and receptive language is targeted to improve conversational interactions. Interested adults may consider taking part in:

- small group therapy
- individual therapy
- University of Arizona independent study class
 - one credit non-degree seeking course
 - provides “student” status at the University
 - opens University campus to community members

College Support Program

Building on over 40 years of experience in teaching independent living skills, and our



history of support and collaboration at the University of Arizona and Pima Community College, the College Support Program allows college students to focus on their studies while living in a supportive and safe environment.

Participants in the College Support Program will:

- receive targeted support in activities of **daily living (life skills)** including managing a **monthly budget**, maintaining a **healthy lifestyle**, organizing their time and belongings to promote **academic success**, and maintaining a **clean and healthy living space**,
- participate in weekly **Social Communication therapy** (group and individual) focused on skills to promote self-advocacy, success in relationships, understanding the motives of those they encounter while living independently,
- **practice self-determination**, problem solving, and matching the size of their reaction to the size of their problems,
- have 24-hour residential oversight and benefit from the experience of the Chapel Haven team while building skills in **independent living**, **social communication**, and **academic success**.

Vocation

Chapel Haven West can assist with **vocational training, classroom-based instruction** in **pre-vocational skills** including resume building, interview skills, career exploration and instruction in the “hard” and “soft” skills of employment.

- job development/job coaching

Recreation

Chapel Haven West offers a comprehensive recreation program, with hundreds of chaperoned activities a year. **Movies, shopping trips, baseball games, restaurant visits, theatre productions, hiking** — these are just a few of the activities offered. The recreation program offers the chance to work on social competency, time and money management and leisure time pursuits.

- organized group recreation opportunities
 - meetings with university mentors
 - university Best Buddies program

Community Life Program

The **Community Life Program (CLP)** is designed to offer a structured, community-focused day for individuals who are either not working or working a limited number of hours.

Chapel Haven’s CLP provides participants with opportunities to **explore, interact, and volunteer** in the greater Tucson community.

The four cornerstones of the program are developing healthy lifestyles by increasing interpersonal skills and socialization, constructively **managing free time**, participating in **regular exercise** and **healthy eating** habits, and enjoying the numerous offerings in the Tucson community.

The Bridge Program

If students need extra support after the two-year residential program, the team might recommend the Bridge Program. Participants in the **Bridge Program** live in the community, but receive extra support for one year before their transition to a more independent lifestyle. They continue learning about community resources, get more practice in mobility, receive additional money management instruction, and receive individualized additional support wherever it is needed. The Bridge Program is a tuition-based program.

The Supported Living Program

Participants in the **Supported Living Program** may be new clients, those who enter directly after graduation, or those who have participated in the Bridge Program. These clients have the ability to manage an apartment, but may need additional targeted support in the areas of life skills, employment, education, and recreation. The Program provides individualized community support to include assistance with:

- life skills/apartment living
- budgeting and money management
- scheduling: best use of structured and unstructured time
 - class/homework/work schedules
- facilitating success in college or university course work
 - assistance with scheduling and organizing homework
 - communication with instructors
 - locating help in the community (tutors, etc.)
- problem solving
 - roommate/employment/community

Supported Living is a fee-for-service program
Visit our website: www.chapelhaven.org.