

**ASAT Master Schedule**

**(Eastern Time - New York)**

	Mon	Tue	Wed	Thu	Fri
8am					
9am	V: Morning Meeting, 9am - 9:30am	IP: Gardening for Mindfulness 9am - 10am	V: Morning Meeting, 9am - 9:30am		IP: Banking and Budgeting 9am - 10am
10am	IP: Grocery Shopping/meal planning 10am - 11am	V: Summer Style and Presentation 10am - 11am	V: Breakfast Basics 10am - 11am	V: Virtual Job Lab 10am - 11am	V: Game Club 10am - 11am
11am	IP: Summer Stretch 11am - 12pm	V: Open Studios 11am - 12pm	V: WOW Them in Your Interview 2! 11am - 12pm	IP: Pandemic Safety and Community Accessibility 11am - 12pm	V: Couponing and Comparison Shopping 11am - 12pm
12pm					
1pm	V: Assessing Financial Goals 1pm - 2pm	V: Music Appreciation 1pm - 2pm	V: First Aid 1pm - 2pm	V: Post Secondary and Career Interests 1pm - 2pm	IP: Packing and Planning 1pm - 2pm
2pm	V: Zoom and Groom Men's Group 2pm - 3pm	V: Work Stories 2pm - 3pm		IP: Deep Cleaning 2pm - 3pm	V: Play Writing 2pm - 3pm
3pm		V: Book Club, Harry Potter 2 3pm - 4pm	V: Apartment Management and Bill Pay 2:30pm - 3:30pm	V: Summer Eats 3pm - 4pm	
4pm					IP: Laundry (each student will be given a scheduled time) 4pm - 5pm
5pm			IP: Grill & Chill 5pm - 7pm		
6pm					
7pm					