

ASAT Master Schedule

(Eastern Time - New York)

| | Mon | Tue | Wed | Thu | Fri | |
|------|--|---|---|----------------------------------|---|-------------------------|
| 8am | | | | | | |
| 9am | V: Morning Meeting, 9am - 9:30am | V: Typing and Data Entry 9am - 10am | V: Morning Meeting, 9am - 9:30am | V/IP: Virtual Job Lab 9am - 10am | IP: Banking & Budgeting 9am - 10am | |
| 10am | IP: Grocery Shopping/meal planning 10am - 11am | IP: Hiking, Rain or Shine! 10am - 12:30pm | IP/V: Puzzlepalooza! 10am - 11am | V: List your Life 10am - 11am | V: Game Club 10am - 11am | |
| 11am | IP: Walking Group 11am - 12pm | | V: Fake News and Current Events: Discussion and Coping Strategies for the Times 11am - 12pm | IP: Lawn Games 11am - 12pm | V: Film Exploration 11am - 12pm | |
| 12pm | | | | | | |
| 1pm | V: Mindfulness in a Virtual World 1pm - 2pm | V: Study Group 1pm - 3pm | V: Creative Writing 1pm - 2pm | V: Study Group 1pm - 3pm | V: Book Club 1pm - 2pm | V: I Want It! 1pm - 2pm |
| 2pm | V: Zoom and Groom Men's Group 2pm - 3pm | V: Perspective Taking Games 2pm - 3pm | V: Wow Them in the Interview 3 2pm - 3pm | | V/IP: Pumpkin Spice and Everything Nice 2pm - 3pm | |
| 3pm | | | | | | |
| 4pm | | | | | | |
| 5pm | | | IP: Dinner and a Movie 4:30pm - 7pm | | | |
| 6pm | | | | | | |
| 7pm | | | | | | |