



REACH PROGRAM COURSE CATALOG FALL 2020



Empowering individuals with developmental and social disabilities to live independent, happy lives since 1972.

Chapel Haven Schleifer Center, Inc.
1040 Whalley Ave. New Haven, CT 06515
www.chapelhaven.org

Any questions pertaining to registration, please contact Cherice Grandy:
(203) 397-1714 ext. 142
cgrandy@chapelhaven.org

FALL REGISTRATION

Fall Quarter Begins **Monday, September 14th 2020**

Fall Quarter Ends **Friday, December 18th 2020**

Please send all class choices to Cherice Grandy at cgrandy@chapelhaven.org by Tuesday, September 1st.

ADD/DROP

1. The first three weeks of the term is designated as the Add/Drop period, during which time a student may enroll in or drop a class. A student may drop out of a class during this time without being billed. **Students will not receive a full refund after Friday, October 2nd 2020.**
2. Whether adding or dropping, the student's parent, teacher or support coordinator must notify Cherice Grandy, REACH Administrative Manager, at 203-397-1714 Ext.142 or cgrandy@chapelhaven.org.



Chapel Haven's REACH program centers on a rich offering of functional academics with the main goal of preparing our students to live independently in the community. Our Functional Academic classes form the core of the REACH curriculum and are divided into 13 curriculum areas. Residents must meet a certain number of distribution requirements in order to graduate from the residential program. Community members, as in any adult education program, may enroll in any of the classes that interest them except those that are designate for residents only.

As a state approved private special education facility, we employ a teaching staff comprised of both certified and non-certified professionals who attend not only to their classes' subject matter, but also to the personal growth and enrichment of their students as individuals. Great care is taken in designing the continually expanding course selection to meet the needs and interests of our students. In addition to directly preparing the students for independent living, the classes in our core curriculum, as well as our enrichment classes, incorporate thirteen blended subject areas (listed below).

The driving purpose and foundation of our education program is the integration of our students into the community. We recognize that this can be accomplished only if we teach explicitly and incidentally the social skills that make up the "hidden curriculum" that is essential to success in any community setting. To teach this hidden curriculum, we have designed each of our functional classes so that students learn concrete life skills such as clothing management and grocery shopping through a social communicative competence lens. Our curriculum takes the same approach to teaching problem solving skills, which are a skill set that is essential and transferable across any life skill or community interaction.

This comprehensive program is just one layer in the foundation upon which our residents build lives of successful independence.

Blended Subject Areas – Legend		
LA – Language Arts SS – Social Studies M – Math S – Science A – Art	CarE – Career Education ConE – Consumer Education PE – Physical Education VS – Vocational Skills	T – Technology HS – Health and Safety SCC – Social Communication LM – Leisure Management



CHAPEL HAVEN SCHLEIFER CENTER

REACH MASTER SCHEDULE

FALL 2020

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8-9	EB/NM-Pers. Hygiene (Apt)	EB/NM-Pers. Hygiene (Apt)	EB/NM-Pers. Hygiene (Apt)	EB/NM-Pers. Hygiene (Apt)	EB/NM-Pers. Hygiene (Apt)
9-10	DD-GMCH A (114) ER-GMCH B (115) JS-GMCH C (116)	NM-Groc. Shop Prep F (120) ER-Coping Skills A (115) DD-Animal Science A (114)	DD-GMCH A (114) ER-GMCH B (115) JS-GMCH C (116)	NM-Groc. Shop Prep H (120) JS-Food Safety B (116) MR-Color Your Convo D (120)	DD-GMCH A (114) ER-GMCH B (115) JS-GMCH C (116)
10-11	MR-CHSC Maint. E (120) DD-Price is Right A (114) JS-Hist. of Holidays A (116) TM-Yoga B (CRA)	ER-Soft Skills Success C (115) JS-Food Safety A (116) MR-What's Happ? B (405) NM-Pictionary C (120)	JS-Soft Skills Success D (116) ER-Comm. Safety A (115) NM-Sounds of Musicals A (CRA) MR-Color Your Convo C (120)	ER-Coping Skills B (115) DD-Geek Culture A (114) NM-Arts & Crafts. A (120) TM-Jewelry Making A (CRA)	MR-CHSC Maint. H (120) DF-Art of Comm. A (122) [Y1 only] DD-Tune In: Social Hr. A (114) NM- Getting Jiggy With It (CRA)
11-12	DD-Dig. Scheduling C (114) NM-Groc. Shop Prep E (120) ER-Global Cultures A (115) MR-Sitcoms A (CRA)	DD-Dig. Scheduling D (114) ER-Home & Pers. Org. A (115) NM-Stress Management A (CRA)	DD-Adv. Banking B (114) NM-Groc. Shop Prep G (120) ER-Entertain. Friends A (115) MR-Explor. New Wild D (405)	NM-CHSC Maint. G (120) DD-Mathletics A (114) JS-Sports Talk B (116) TM-Jewelry Making B (CRA)	DF-Small Talk A (122) [Y2 only] ER-Comm. Safety B (115) JS-Cult. Perspectives A (116) TM-Paint. Glass A (CRA)
12-1	NM-Lunch Prep (2 nd Floor) MR-Lunch Prep (3 rd Floor)	NM-Lunch Prep (2 nd Floor) MR-Lunch Prep (3 rd Floor)	NM-Lunch Prep (2 nd Floor) MR-Lunch Prep (3 rd Floor)	NM-Lunch Prep (2 nd Floor) MR-Lunch Prep (3 rd Floor)	INDEPENDENT LUNCH
1-2	ER-Healthy Relations. 2A (115) JS-Deal with Drama C (116) TM-Exp. Painting A (CRA) LW-Comic Creations A (120)	SP/JS-Pers. Finance D (116) NM-CHSC Maint. F (120) DD-Tune In: Social Hr. B LW-Walk Westville D (RCY)	SP/JS-Pers. Finance E (116) DD-Animal Science B (114) LW-Walk Westville E (RCY) TM-Bas. Ceramics A (CRA)	SP/JS-Pers. Finance F (116) ER-Healthy Relations. 2B (115) LW-Life Skills 101 B (119) MR-Hangman C (120)	JS-Hist. of Holidays B (116) ER-What's Happ C (115) MR-Hangman D (120)
2-3	DD-Virt. Media Science A (114) LW-Men's Group B (120) MR-Women's Group B (405) TM-Art. Woodwork A (CRA)	ER-Comm. 21 st Cent A (115) LW-Life Skills 101A (119) DD-Kindness Camp. A (114) NM-Karaoke Power Hr. A (CRA)	ER-Celeb. the Cent. A (115) LW-Newsflash B (120) TM-Bas. Ceramics B (CRA)	ER-Comm. 21 st Cent B (115) DD-Price is Right B (114) LW-Boot Camp A (CRA) TM-Out to Art B (V/405)	DD-Let's Go Viral A (114) NM-Karaoke Power Hr. B (CRA) MR-Movie Club D (120)
AFTERNOON/EVENING SCHEDULE					
3-4	MR/NM-KUA (Apt) NR-Name that Tune A (V/119)	MR/NM-KUA (Apt) SB/HM-Paint by #'s B (V/UA) NR-It's Game Time A (V/119)	MR/NM-KUA (Apt) DB-Women's Group C (V/114) LW-Men's Group C (V/120)	LW/NM-KUA (Apt) JS-Deal with Drama D (V/116) NR-Name that Tune B (V/119)	MR/NM-KUA (Apt)
4-5	NM-Afternoon Walk A (RCY) TM-CHSC Theater C (V/405) JS-WWE Club B (V/116)	DD-Afternoon Walk B (RCY) NM-Let's Dance B (CRA)	NM-Afternoon Walk C (RCY) TM-CHSC Theater D (V/405)	DD-Afternoon Walk D (RCY) ER-Music Apprec. A (V/115) TM-Pictionary D (V/405)	
5-6	NR-Healthy Lifestyles A (CRA) JS-Sports Talk A (V/116)		ER-Movie Club (V/115)		

CLASSES IN RED ARE OFFERED VIRTUALLY.

EDUCATION STAFF:

DD - Danielle Drazen
ER - Erik Rambush
JS - Julian Sandoval
TM - Tina Menchetti
MR - Mylissa Rockefeller
SP - Sue Peters
NR - Nicole Rainieri
LW - Luke Watterson
NM - Nancy Murray
SB - Stephanie Berberich
HM - Heather McDonald
KF - Kim Freeman

CLASSROOMS:

114 - REACH (Danielle)
115 - REACH (Erik)
116 - REACH (Julian)
119 - REACH (Teaching Apt.)
120 - REACH (TBD)
122 - REACH (Dan)
CRA - Outreach Center
AS - Art Studio
RCY - Rossman Courtyard
RSL - REACH Student Lounge
V - Virtual
UA - UARTS

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[REACH Classes]

Included with Tuition

Good Morning Chapel Haven (LA, M, ConE, HS, SCC, LM) – Core Y1 & Y2

Danielle Drazen/Erik Rambush/Julian Sandoval

This class is a great way to start the day! Students will meet as a group with their coordinating teacher to practice and use social communication skills as a tool to organize their day. In this group session, facilitated by the teacher, students will practice community safety, discuss their course schedules, appropriate clothing and hygiene for different situations, free-time plans, upcoming recreation trips and more. Each student will be encouraged to bring any general daily problems (scheduling conflicts, social dilemmas, conflict resolution, etc.) to the group for discussion.

Session A – Mon/Wed/Fri. 9:00-10:00am (Danielle)

Session B – Mon/Wed/Fri. 9:00-10:00am (Erik)

Session C – Mon/Wed/Fri. 9:00-10:00am (Julian)

Grocery Shopping Preparation (M, ConE) – Core Y1 & Y2

Nancy Murray

In this class, students will work with staff to develop their weekly breakfast, lunch, and weekend menu plans, assess grocery inventory, and generate an accurate grocery list within their budget. Students will also check for expired foods in their apartment once their list is completed.

Session E - Mon. 11:00-12:00pm

Session F - Tue. 9:00-10:00am

Session G - Wed. 11:00-12:00pm

Session H - Thu. 9:00-10:00am

Digital Scheduling (T) – Core Y1 & Y2

Danielle Drazen

Do you have trouble keeping track of a paper schedule? Do you have difficulty writing and prefer typing? If so, this is the class for you! In Digital Scheduling, students will learn to use Google Calendar to keep a record of their schedule including classes, rec trips, social plans, and various other appointments. The class will also cover how to avoid double booking and sharing your digital schedule with your family, point person, and teachers. **Students must have a smart device for this class.**

Session C - Mon. 11:00-12:00pm

Session D - Tue. 11:00-12:00pm

CHSC Maintenance (VS, CarE) - Core Y1 & Y2

Mylissa Rockefeller/Nancy Murray

Students will review and apply pre-vocational skills in small groups by performing basic vocational tasks around campus.

Session E – Mon. 10:00-11:00am (Mylissa)

Session F – Tue. 1:00-2:00pm (Nancy)

Session G – Thu. 11:00-12:00pm (Nancy)

Session H – Fri. 10:00-11:00am (Mylissa)

Price is Right (M, ConE) - Core Y1 & Y2

Danielle Drazen

We spend money, we save money, and we earn money. We are also tempted by the “great deals” we see in colorful print ads or the side banners of our favorite websites. As consumers, we have a responsibility to ourselves to be careful consumers. A careful consumer uses a combination of problem solving skills, social skills, and basic math skills to make wise decisions when using and purchasing goods and services. This class uses real world examples and case studies to teach students how to be careful and educated consumers while shopping.

Session A – Mon. 10:00-11:00am

Session B – Thu. 2:00-3:00pm

History of the Holidays (SS)

Julian Sandoval

From religious observances to celebrations of ethnic pride to patriotic anniversaries, explore the history of some of our most popular holidays. Did you know New York City has the biggest fireworks display in the United States and that three U.S. presidents died on July 4? Can you guess which 2 creatures of the zodiac are the most important symbols of Chinese New Year? These are just some of the holidays that we will explore. Come celebrate!

Session A – Mon. 10:00-11:00am

Session B – Fri. 1:00-2:00pm

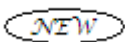
Yoga (PE, HS)

Tina Menchetti

Enjoy an hour of deep breathing and relaxation. Go at your own pace and learn how to use breathing techniques and position your body in different ways. Yoga can help improve your flexibility, balance, concentration and posture, while increasing muscle strength at the same time.

Session B – Mon. 10:00-11:00am

Global Cultures (SS)



Erik Rambush

We live in a diverse world. There are many differences and similarities between the way we live and the way people live in other societies. In this class students will explore different cultures and their ways of living, the food they eat, the music they listen to, and more. We will even explore the cultural differences that exist across the United States. Film, magazines, books and other media will be used to supplement class discussions.

Session A – Mon. 11:00-12:00pm

Sitcoms (LM)

Mylissa Rockefeller

Join us for a fun-filled hour of laughter. Watch shows from the 80's, 90's and 2000's like Full House, Fresh Prince of Bel-Air and Big Bang Theory!

Session A - Mon. 11:00-12:00pm

Lunch Preparation (ConE, HS) – Core Y1 & Y2

Nancy Murray/Myliisa Rockefeller

In this class, our education staff will assist each student with lunch preparation in his or her apartment. Students are guided through the prep process of quick and easy meals that the student will ultimately master on their own. Once a meal is mastered, the student will move on to a new meal requiring similar yet new skills while continuing to make the mastered meals, on a less frequent basis, to maintain skill sets. This class sets the student up for independence in the kitchen and the ability to safely prepare many different meals.

Mon - Thu. 12:00-1:00pm

Healthy Relationships 2 (SCC) – Core Y1 & Y2

Erik Rambush

Healthy Relationships focused on recognizing and building a healthy relationship and how to better understand the actions of others within the context of that relationship. In this second course in the series, students will learn how to use their self-advocacy and communication skills in social problem solving, conflict resolution, and development and maintenance of their relationships.

Session A – Mon. 1:00-2:00pm

Session B – Thu. 1:00-2:00pm

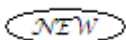
Dealing with the Drama (SCC, HS)

Julian Sandoval

Wherever there are people, there will be drama. We're not talking about dramatic performances from TV or movies. We're talking about common conflicts that always seem to happen when you get a group of people together. Gossiping, teasing and bullying are all forms of drama that we'll talk about in this class. Students will learn how to deal with all these forms of drama and they will also learn how to avoid causing drama themselves.

Session C - Mon. 1:00-2:00pm

Comic Creations (LA)

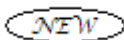
NEW

Luke Watterson

Do you enjoy drawing and would like to tell a story with your drawings? In Comic Creations students will tell stories and solve daily problems through creating their own Comic Strips. This class is open to people with drawing experience as well as those who would just like to try it out.

Session A - Mon. 1:00-2:00pm

Virtual Media Science (LA, SS, T)

NEW

Danielle Drazen

In this class, students will learn to take advantage of one of the most important local resources – the library and all the resources available online for free! Students will learn how to search content like movies, TV, music, books, audio books, magazines, games, video lessons and more! Students will also learn how to access these resources in the time of Covid-19. Students who do not yet have a library card will have the chance to sign up for one remotely at the beginning of the semester. While curbside pick-up is available, students will also learn how to electronically request a book and pick it up from the library. If the weather or the world does not allow this, then have no fear, we will still have all of the electronic resources available to us all for free from the public library!

Session C – Mon. 2:00-3:00pm

Men's Group (LA)

Luke Watterson

This class offers our male students an opportunity to get together and discuss issues they may only feel comfortable discussing with “the guys!” Each week students will come together and have an “open chat” while doing a leisure activity such as arts and crafts, puzzles, board games, discussing sports...whatever the group decides to do!

Session B - Mon. 2:00-3:00pm

Women's Group (LA)

Mylissa Rockefeller

This class offers our female students an opportunity to get together and discuss issues they may only feel comfortable discussing with “the ladies!” Each week students will come together and have an “open chat” while doing a leisure activity such as arts and crafts, puzzles, board games...whatever the group decides to do!

Session B - Mon. 2:00-3:00pm

Keeping Up Appearances (HS) – Core Y1 & Y2

Mylissa Rockefeller/Nancy Murray/Luke Watterson

This class will help students target the areas of personal hygiene and self-care that they have identified as needing or wanting more practice in. The class sessions will be held in each student's apartment to promote generalization of skills. The amount of sessions each student is enrolled in will be determined by REACH staff.

Mon - Fri. 3:00-4:00pm

Coping Skills (SCC) – Core Y1 & Y2

Erik Rambush

Students will explore a variety of different strategies for coping with the ups and downs of daily life and how to deal with the normal stressors of life. Each class will explore a different strategy for students to try. Students will practice different techniques to help calm their emotions and quiet their minds.

Session A - Tue. 9:00-10:00am

Session B - Thu. 10:00-11:00am

Animal Science (S)

Danielle Drazen

Learning about animals is a naturally motivating process that also teaches about citizenship, respect, and responsibility. In this class, students will develop their knowledge about the various types of animals living around them, not only in their own communities, but also in the rest of the world.

Session A - Tue. 9:00-10:00am

Session B - Wed 1:00-2:00pm

Soft Skills Success (CarE) – Core Y1 & Y2

Erik Rambush/Julian Sandoval

Soft Skills are an essential component to your success in the workplace. These job-related skills are personal attributes that influence how well you can work or interact with others. Understanding soft skill concepts will make it easier to form relationships with people, create trust and dependability, and promote teamwork. In this class you will discuss and explore the concept of Soft Skills in the Workplace, study various Soft Skills and learn to think critically about the importance of examining use of Soft Skills in the Workplace. **Students in this class will be pre-selected.**

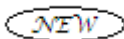
Topics include:

- Communication
- Expected/Unexpected Behaviors
- Active Listening
- Verbal vs. Nonverbal Language
- Self-Awareness
- Working Relationships
- Conflict Resolution
- Teamwork

Session C – Tue. 10:00-11:00am (Erik)

Session B – Wed. 10:00-11:00am (Julian)

Food Safety (HS, ConE) - Core Y1 & Y2



Julian Sandoval

This class will focus on overall safe and hygienic practices in the kitchen – ranging from correct food storage, how to use essential cooking tools, getting rid of expired foods, to the proper cleaning standards and techniques in a kitchen. Concepts to be introduced include: bacteria, contamination, food-borne illness, microorganisms, and toxins. This class will also explore the different ways that we can tell if food has gone bad or not. Class will take place partly in the classroom and also in your own apartments for hands on learning.

Session A – Tue. 10:00-11:00am

Session B – Thu. 9:00-10:00am

What's Happening (LM, SCC)

Myliisa Rockefeller/Erik Rambush

Let's talk! Whatever is on your mind, we can discuss it. Relationships, love, fear, and self-esteem - you name it. We will focus on developing a positive attitude towards life's struggles and work toward developing an upbeat outlook to overcome fear and failure. Students will be encouraged share their hopes, dreams and worries with understanding, non-judgmental peers and also to practice active listening and empathy as their peers share their own. Developing a network of understanding friends is an important ingredient in living a healthy, happy life. This class is a great start.

Session B – Tue. 10:00-11:00am (Myliisa)

Session C – Fri. 1:00-2:00pm (Erik)

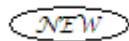
Pictionary (LM)

Nancy Murray

Pictionary is a classic fun game of drawing and guessing pictures. In this class, each student will have the opportunity to draw a picture while your peers guess within a time limit. If you love to draw, this class is definitely for you!!!

Session C – Tue. 10:00-11:00am

Home & Personal Organization (HS)



Erik Rambush

A well-organized personal space not only helps us keep track of our belongings but provides a special sense of comfort in our homes and work spaces. Organizing our lives (time management, prioritizing projects, keeping track of belongings) seems like a bigger task, but there are plenty helpful techniques that can help us bring the comfort of organization out of the home and with us wherever we may be. In this class, students will explore various organizational techniques for their homes and for managing all the moving pieces of life that we so often get tripped up on. Students will have fun as they assess areas that need the most focus and develop personalized systems to keep things in order and themselves on top of their game!

Session A – Tue. 11:00-12:00pm

Stress Management (HS)

Nancy Murray

You should be able to relax, feel good and be happy. Sometimes this is not so easy. But how you feel and react to stress is up to you. Learn how to reduce anxiety, think positively and improve your overall health and well-being. Students will learn how to build and maintain a healthy support system, identify the first signs of stress, and sample many different calming strategies to use when stress occurs. This class teaches students to integrate awareness of mind and body and provides a toolbox for managing the stress that occurs in day-to-day life. Students should bring a yoga mat, towel, or blanket, and an open mind to classes and be prepared to participate in calming stretching, breathing, and mindfulness exercises.

Session A - Tue. 11:00-12:00pm

Personal Finance (M, ConE) – Core Y1 & Y2

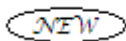
Sue Peters/Julian Sandoval

Students will work with their teacher on weekly budgeting. Areas to be reviewed are deciding weekly expenses, allotting money for those expenses, and going to the bank. Skills to be worked on will include reviewing weekly wants and needs, basic math computation, completing withdrawal and deposit slips, and responsibilities and realistic expectations regarding money. As students' progress throughout the course, the goal is for students to develop more independence and confidence with their money management skills.

Session D – Tue. 1:00-3:00pm

Session E – Wed. 1:00-3:00pm

Session F – Thu. 1:00-3:00pm

Tune In: Social Hour (SCC)**Danielle Drazen**

Is putting yourself in someone else's shoes hard? Do facial expressions have you scratching your head? Is it hard to tell if someone is mad at you? Do you like TV? If the answer is yes to any of these questions, then this is the class for you! In this class we will talk about perspective taking, tone of voice, facial expressions and everything else that affects our social interactions. We'll do this all by studying and watching clips and episodes of our favorite TV shows and movies.

Session A - Tue. 1:00-2:00pm

Session B - Fri. 10:00-11:00am

Walk Westville (PE, HS, LM)**Luke Watterson**

Enjoy a leisurely walk through the Westville neighborhood. Walking is a great form of exercise and doing it with a group only makes it more fun. Student generated topics for discussion and input are highly welcomed as we explore the community on foot.

Session D – Tue. 1:00-2:00pm

Session E – Wed. 1:00-2:00pm

Communication in the 21st Century (SCC, T) - Core Y1 & Y2**Erik Rambush**

Letters...gone. Landlines...on their way out. Face to face talking...we'll see. What are the traditional ways of communicating being replaced with? Facebook, cell phones, emails, texts, twitter, and the list goes on and on. In this course, we will explore many of the issues today's technology brings up, from passwords to oversharing online. Communicating properly using the new media can be hard. And just when you think you've got it down, something new comes along. Luckily, there are some general rules we can follow. Through direct instruction and some exploration of their own use of digital media by having their personal electronics into the classroom, students will explore some of the benefits and risks of the new media and provide basic knowledge to help navigate the ever changing landscape.

Session A - Tue. 2:00-3:00pm

Session B - Thu. 2:00-3:00pm

Life Skills 101 (HS) - Core Y1**Luke Watterson**

Could your apartment pass the white glove test or are the dust bunnies taking over!? In this class, students will learn to identify and select appropriate cleaning products for everyday apartment maintenance. Students will be able to identify when their apartment needs cleaning and general maintenance. Students will practice thoroughly cleaning all areas of the apartment.

Session A – Tue. 2:00-3:00pm

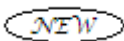
Session B – Thu. 1:00-2:00pm

Kindness Campaign (HS)**Danielle Drazen**

Gandhi said, "You have to be the change you wish to see in the world." Sometimes it is easy to get caught up in the "drama" of the world, but YOU can make a difference by actively spreading kindness! Through this class, we'll learn how to plan and implement acts of kindness to brighten our Chapel Haven community. The great thing about kindness is that it keeps on giving so who knows what other acts of kindness we might inspire in others!

Session A – Tue. 2:00-3:00pm

Karaoke Power Hour (A, LM)



Nancy Murray

Your magical voice and a predetermined list of song choices all make for a powerful hour of fun! If you love to sing, dance and have a great time, this is the class for you!

Session A – Tue. 2:00-3:00pm

Session B – Fri. 2:00-3:00pm

Community Safety (HS) - Core YI

Erik Rambush

Students will learn to identify situations in the community when police, fire or medical help is needed. Students will participate in exercises that will help them describe methods of obtaining appropriate help in the community, and how to report danger, crime or threats to the appropriate authorities. The majority of this class will be held outdoors in various community locations. Students will learn how to navigate busy streets safely through weekly practice sessions, during which each student will have the chance to lead the class multiple times to different locations using sidewalks and crosswalks appropriately. Students who complete the class having demonstrated an acceptable level of awareness and safety when navigating the community will be considered ready to travel a designated area of the Westville community independently.

Session A – Wed. 10:00-11:00am

Session B – Fri. 11:00-12:00pm

Sounds of Musicals (A)

Nancy Murray

“The hills are alive with the sound of music.” What famous musical is that line from? If you are a fan of musicals, then come join the sing-a-long as we view various favorite musicals. Watch these great musicals in our outreach center on the big screen with stereo sound!

Session A – Wed. 10:00-11:00am

Color your Conversation (A, LM)

Mylissa Rockefeller

Coloring is a relaxing, stress-relieving, and FUN activity! The physical act of coloring (with crayons, pencils, gel pens and/or markers) generates mind-focus and brain-balance while also enhancing creativity. Even if you can't draw a straight (or wavy) line, you can COLOR -- no other artistic skills are required! Meet up with Mylissa and your peers for some social time coloring and chatting. **Class requirements: Art supplies such as colored pencils, crayons or markers, paper, coloring book, etc.**

Session C – Wed. 10:00-11:00am

Session D – Thu. 9:00-10:00am

Advanced Banking (M, ConE) – Core YI & Y2

Danielle Drazen

This class is designed for those students who have mastered skills taught in our Personal Finance class. They will learn to increase their independence with money management with a specific emphasis on technological supports. Students will continue to receive support with budgeting for wants and needs, but they will make independent trips to the bank for withdrawals and deposits. Students will also begin using the Webster Bank App and storing money they have budgeted in personal lockboxes to use throughout the week.

Session B – Wed. 11:00-12:00pm

Entertaining Friends (LM)

NEW

Erik Rambush

If you have some free time and are not sure what to do then this class is for you! In this class students will work on time management skills, planning activities with others, and exploring various leisure time activities.

Session A – Wed. 11:00-12:00pm

Exploring the New Wild (S)

NEW

Myliissa Rockefeller

Let's learn about different animals and insects, old and new. There are deep sea creatures that are newly discovered while other animals that were once thought extinct are coming back! Does climate change affect animals and insects? Let's explore these creature happenings together using drones and other technology. Don't you wonder what's hanging out in the wild and deep seas these days? Let's check it out!

Session D – Wed. 11:00-12:00pm

Celebrating the Century (SS)

NEW

Erik Rambush

Let's take a trip through the 21st century! This class will highlight the people, places, events, and trends of the century. Topics students will explore include Arts and Entertainment, Sports, Science and Technology, and Lifestyle of the 2000's!

Session A – Wed. 2:00-3:00pm

Newsflash (LA, SS)

Luke Watterson

Students will research what's going on in the community and around the world. Our "weekly roundup" can be the start of a habit of lifelong learning. We will also have fun along the way with online activities and quizzes.

Session B – Wed. 2:00-3:00pm

Geek Culture (LA)

NEW

Danielle Drazen

Are you a Trekkie? Do you ever feel like you've "gotta catch 'em all?" Do you know exactly which house the Sorting Hat would put you in? Are you ready to respectfully debate whether DC or Marvel has better super heroes? Well in Geek Culture we've got you and all your geeky fandoms covered! Fandoms of films, books, comics, and series will all be explored in this class where we dive deeper than the surface into different universes. We'll watch movies, episodes and clips and read reviews and learn more about the cast, authors and creators behind them. I hope you're ready, because this class is sure to leave The Shire.

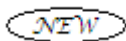
Session A – Thu. 10:00-11:00am

Arts & Crafts (A)

Nancy Murray

Let's get crafty! Fall and winter is coming and that means more indoor activities are on demand. We will use inexpensive items as well as recycled items to create various works of art. Bring your creativity and ideas to this class!

Session A – Thu. 10:00-11:00am

Mathletics (M)**Danielle Drazen**

Get ready for an hour of fun, friendly competition as we brush up on our basic math skills all while playing games! Whether it's working on our money skills by playing a game of The Price Is Right, using our addition skills in a modified version of Uno, working on subtraction in a game of Bingo or learning a new, fun game that targets another math skill, you're sure to leave class having practiced additional math skills all with a smile on your face.

Session A – Thu. 11:00-12:00pm

Sports Talk (LM, SCC)**Julian Sandoval**

This class is for sports fans who are looking for ways of connecting with other like-minded classmates. The focus will be on the interpersonal skills required to make the viewing of sporting events a more social activity. The teacher will be present to help students practice these skills and initiate conversation topics through viewing videos, visiting websites, etc.

Session B – Thu. 11:00-12:00pm

Hangman (LM)**Myliisa Rockefeller**

Have you ever dreamed of being on Wheel of Fortune??? Well, a game of Hangman with your friends is probably the next best thing! Join Myliisa each week for this fun and challenging game and be the first to guess the word or phrase!

Session C – Thu. 1:00-2:00pm

Session D – Fri. 1:00-2:00pm

Boot Camp (PE, HS)**Luke Watterson**

Atten-tion! Has your workout become ho-hum?! Want to see those muscles firmed up? Boot camp is just what you need! Each week you'll get a heart pumping workout that builds cardio health as well as strong muscles. This class will utilize a variety of obstacle course-like exercises and drills that keep you moving and sweating, but don't worry! The fast pace and fun will have your workout done before you know it!

Session A – Thu. 2:00-3:00pm

Art of Communication (SCC) – Y1 Only**Dan Forman**

How do we communicate with others and tell people what's on our minds? With words, of course, but we also communicate many things nonverbally - from happiness to sadness, from interest to boredom. Learn about such things as eye contact, posture, body language, and active listening while also exploring the demands of different settings or environments. Explore the interactions in sitcoms and movies, as well as art forms that don't necessarily require words like dance, music, and paintings. Are mimes brilliant or annoying? And, what if your life depended on your skill at charades?

Session A - Fri. 10:00-11:00am

Gettin' Jiggy With It (PE, HS)

Nancy Murray

Do you love dancing to today's hottest songs?! Want to learn those hip new moves that all the cool kids are doing? This exciting class combines the hottest pop and hip-hop songs with exciting dance routines. Each class you'll perfect old routines and learn new steps until you're "gettin' jiggy with it" like a pop star – all while getting a great workout!

Session A – Fri. 10:00-11:00am

Small Talk (SCC) – Y2 Only

Dan Forman

There's nothing small about it!!!! Discussing politics, sports, pop culture... where you're from, what you like to do... it's small talk and it can be very hard for some people. Learn to talk about things that you may not be familiar with or even like, how to pretend to be interested in something when you're really not, or how to join conversations that you want to be a part of. It can be hard to connect with people and the ability to make good small talk can go a long way.

Session A - Fri. 11:00-12:00pm

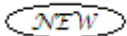
Cultural Perspectives (SS)

Julian Sandoval

Each of us has our own perspective on what happens around us just like each country and culture has its own way of looking at things. In this class, students will explore the cultures and viewpoints of different people from around the world and around the country. They will also explore different foods, languages, and music.

Session A – Fri. 11:00-12:00pm

Let's Go Viral (SCC)



Danielle Drazen

If you enjoy Chapel Haven and would like to share experiences with others, you will enjoy this class! In this class we're going to go viral as we work together to create content for Chapel Haven's social media accounts. We will highlight all areas of life at Chapel Haven: on-campus happenings, recreation trips, classes, job sites and special events. We'll also look at important events, dates and some silly celebrations as we work together pictures, captions, videos and more all for Chapel Haven's social media.

Session A - Fri. 2:00-3:00pm

Movie Club (LM)

Myliissa Rockefeller

Have you ever fancied yourself a movie critic? Have you ever belonged to a book club? Why not try this course where participants will agree on a movie each week to watch on their own time and then "get together" with the class online to talk about the movie. **Class requirements:**

Access to Netflix or Amazon Prime.

Session D – Fri. 2:00-3:00pm

[Continuing Adult Education – *On Campus*]

Expressive Painting (A)

Tina Menchetti

Join us as we experiment with paint and color to express your inner thoughts and feelings. Discover the power of painting. We will study various types of painting including landscapes, portrait and abstract.

Session A – Mon. 1:00-2:00pm

Class Fee: \$120.00 (fee includes all supplies)

Artistic Woodworking (A)

Tina Menchetti

Practical and fun! Create a piece of artwork that's useful and beautiful! In this class students will learn more about wood pieces and different decorating techniques such as sponging, stencils and decals. During the first class we will discuss techniques and projects.

Session A – Mon. 2:00-3:00pm

Class Fee: \$155.00 (includes all supplies)

Afternoon Walk (PE)

Nancy Murray/Danielle Drazen

This class is recommended for students who would like to enjoy a leisurely walk through the Westville neighborhood at a fair pace. Walking is a great form of exercise and doing it with a group only makes it more fun. Student-generated topics for discussion and input are highly welcomed as we explore the community on foot. Please bring a water bottle to each class.

Session A - Mon. 4:00-5:00pm (Nancy)

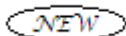
Session B - Tue. 4:00-5:00pm (Danielle)

Session C - Wed. 4:00-5:00pm (Nancy)

Session D - Thu. 4:00-5:00pm (Danielle)

Class Fee: \$145.00

Healthy Lifestyles (HS, ConE)



Nicole Rainieri

In this class, students will learn about the fundamentals of a healthy diet and will be guided and encouraged to put these principles into practice. Students will learn about food groups, portion sizes, the effects of sugar and fat, diet-related illnesses, the effect of emotions on our eating habits, weight gain and loss, the importance of physical activity, healthy eating on a budget and much more.

Session A - Mon. 5:00-6:00pm

Class Fee: \$145.00

Let's Dance (PE, HS)

Nancy Murray

Come learn the newest dance moves to today's hottest music! No experience necessary- we will cover all the basic steps, so dress casually with sneakers and be prepared to have a blast!

Session B - Tue. 4:00-5:00pm

Class Fee: \$145.00

Basic Ceramics (A)

Tina Menchetti

Students will learn to clean, paint and glaze molded ceramics pieces. Students will also learn different decorating techniques. This is a great opportunity to create useful items for home and gifts.

Session A – Wed. 1:00-2:00pm

Session B– Wed. 2:00-3:00pm

Class Fee: \$155.00 (includes all supplies)

Jewelry Making (A, LM)

Tina Menchetti

In this class, students will create jewelry out of beads, baubles and even elastic bands. We will make key chains, necklaces and bracelets among other things. Test your fine motor skills and try the very popular “Rainbow Loom”; bracelets made of colorful elastic bands. Make gifts or keep them for yourself. Either way, you’ll leave with great jewelry. All supplies included.

Session A – Thu. 10:00-11:00am

Session B – Thu. 11:00-12:00pm

Class Fee: \$120.00 (fee includes all supplies)

Painted Glassware (A)

Tina Menchetti

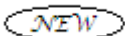
In this class we will paint glassware, all shapes and sizes. You can drink from these glass pieces or you can have them just to look at and enjoy! These are great gift making ideas for everyone. We will learn special brush stroke techniques that are simple and beautiful. Class is for all levels as long as you love to use a paint brush.

Session A – Fri. 11:00-12:00pm

Class Fee: \$155.00 (includes all supplies)

[Continuing Adult Education - *Virtual*]

Name that Tune (A)



Nicole Rainieri

Remember that old show? Can you guess the name of the song on the radio? Do you know all the words to your favorite music? We will come up with categories popular with the group and will test our skills, talk about our favorite artists and songs, and have some fun playing games around popular music.

Session A – Mon. 3:00-4:00pm

Session B – Thu. 3:00-4:00pm

Class Fee: \$95.00

CHSC Virtual Theater (A)

NEW

Tina Menchetti

Different from the past semesters of Chapel Haven Theater Group we will be experimental and playful with our acting exercises. It will be a summer of dialog, improvisation, comedy, dance and lots of music. This is a great time to test your acting skills and have fun learning what drama is all about. Although we will not have a final production we will have fun entertaining each other. Come join this very creative group of aspiring actors!

Session C - Mon. 4:00-5:00pm

Session D – Wed. 4:00-5:00pm

Class Fee: \$95.00

WWE Club (LM, SCC)

Julian Sandoval

What's your favorite sport? These days there are so many different sports to watch. Some people like football or basketball, others like baseball or hockey. However, when it comes to Chapel Haven, one sport rises above them all...Professional Wrestling!! Chapel Haven has a class where you can keep up with all of the wild and crazy action this sport has to offer. We will review the big news and watch all the important highlights. If you consider yourself a pro wrestling fan then this class is for you.

Session B – Mon. 4:00-5:00pm

Class Fee: \$95.00

Sports Talk (LM, SCC)

Julian Sandoval

This class is for sports fans who are looking for ways of connecting with other like-minded classmates. The focus will be on the interpersonal skills required to make the viewing of sporting events a more social activity. The teacher will be present to help students practice these skills and initiate conversation topics through viewing videos, visiting websites, etc.

Session A – Mon. 5:00-6:00pm

Class Fee: \$95.00

Paint by Numbers (A)

NEW

Stephanie Berberich/Heather McDonald

UARTS will work virtually together on a painting project. This project will consist of a 'paint by numbers' canvas with paints to coordinate. Together we will create a collaborative masterpiece!

Students will need to purchase a paint kit using a link that will be provided during the first class. Paint kits are approximately \$20. This is in addition to the class fee.

Session B - Tue. 3:00-4:00pm

Class Fee: \$115.00

It's Game Time (A)

NEW

Nicole Rainieri

This class will be intellectually challenging and stimulating! We will play some of your favorite games like Crazy Eights, Bingo, Charades and Trivia. In the process, we will communicate verbally, share, wait, take turns, and enjoy interacting with others. Players will foster their ability to focus, lengthen attention spans, work as team players, and have fun in the spirit of healthy competition. Join in, see friends you have been missing, and make some new friends too!

Session A – Tue. 3:00-4:00pm

Class Fee: \$95.00

Women's Group (SCC, LM)

Danielle Drazen

This class offers our female students an opportunity to get together and discuss issues they may only feel comfortable discussing with “the ladies!” Each week students will come together and have an “open chat” in a safe space while doing a virtual activity - whatever the group decides to do!

Session C – Wed. 3:00-4:00pm

Class Fee: \$95.00

Men's Group (SCC, LM)

Luke Watterson

This class offers our male students an opportunity to get together and discuss issues they may only feel comfortable discussing with “the guys!” Each week students will come together and have an “open chat” while doing a virtual activity - whatever the group decides to do!

Session C – Wed. 3:00-4:00pm

Class Fee: \$95.00

Movie Club (LM)

Erik Rambush

Have you ever fancied yourself a movie critic? Have you ever belonged to a book club? Why not try this course where participants will agree on a movie each week to watch on their own time and then “get together” with the class online to talk about the movie. **Class requirements:**

Access to Netflix or Amazon Prime.

Session C – Wed. 5:00-6:00pm

Class Fee: \$95.00

Out to Art (A)

Tina Menchetti

Yale Center for British Art docents are delighted to be returning to work with Tina and CHSC students again and everyone's looking forward to a very fun, creative summer! In this class, we will explore some of art's many forms together. Of course there are paintings and sculpture in museums and galleries but what about your own creations...Mother Nature's wonders...the art of conversation and listening...and other art forms all around us? Subject matter and activities will differ weekly. In this interactive class, you'll be encouraged to ask questions, challenge assumptions, and accept that others may have opinions different from your own.

Session B - Thu. 2:00-3:00pm

Class Fee: \$95.00

Dealing with the Drama (SCC, HS)

Julian Sandoval

Wherever there are people, there will be drama. We're not talking about dramatic performances from TV or movies. We're talking about common conflicts that always seem to happen when you get a group of people together. Gossiping, teasing and bullying are all forms of drama that we'll talk about in this class. Students will learn how to deal with all these forms of drama and they will also learn how to avoid causing drama themselves.

Session D - Thu. 3:00-4:00pm

Class Fee: \$95.00

Music Appreciation (A, LM)

Eric Rambush

Music can heal, uplift, calm, enlighten, nourish, and strengthen us. You don't have to know a lot about music to feel its impact. We live and breathe in sound. Our breathing adjusts itself to the sounds around us. We can slow it down or speed it up with music. This class offers students a chance to get together, share their favorite music and explore the variety of popular music that is out there. Through visiting artist websites, and viewing videos on You Tube, students will explore the latest and best in pop music, independent and underground, hip hop, country, hard rock and more!

Session A - Thu. 4:00-5:00pm

Class Fee: \$95.00

Pictionary (LM)

Tina Menchetti

Pictionary is a classic fun game of drawing and guessing pictures. In this class, each student will have the opportunity to draw a pictures while your peers guess within a time limit. If you love to draw, this class is definitely for you!!!

Session D – Thu. 4:00-5:00pm

Class Fee: \$95.00