

Membership in the CHSC Recreation Program

To participate in the recreation program at Chapel Haven Schleifer Center, choose from the three membership options:

- Tier 1 (virtual activities only) - \$60/month
- Tier 2 (on-campus activities only) - \$75/month
- Tier 3 (all offered activities & trips) - \$90/month

All memberships include:

- Option to join Best Buddies program
- Option to join REC phone tree
- Option to receive home recreation packet
- Option to take REC classes (additional fees may apply)
- Access to Community Center fitness room
- Option to participate in campus clubs

Feel free to visit REC Desk for information:
<https://chsc.recdesk.com/community/home>.

Contact Emily Austin, Supervisor of Recreation, at eaustin@chapelhaven.org for more information about the recreation program.

Chapel Haven Schleifer Center

Chapel Haven provides lifelong individualized services for adults with developmental and social disabilities, empowering them to live independent and self-determined lives.

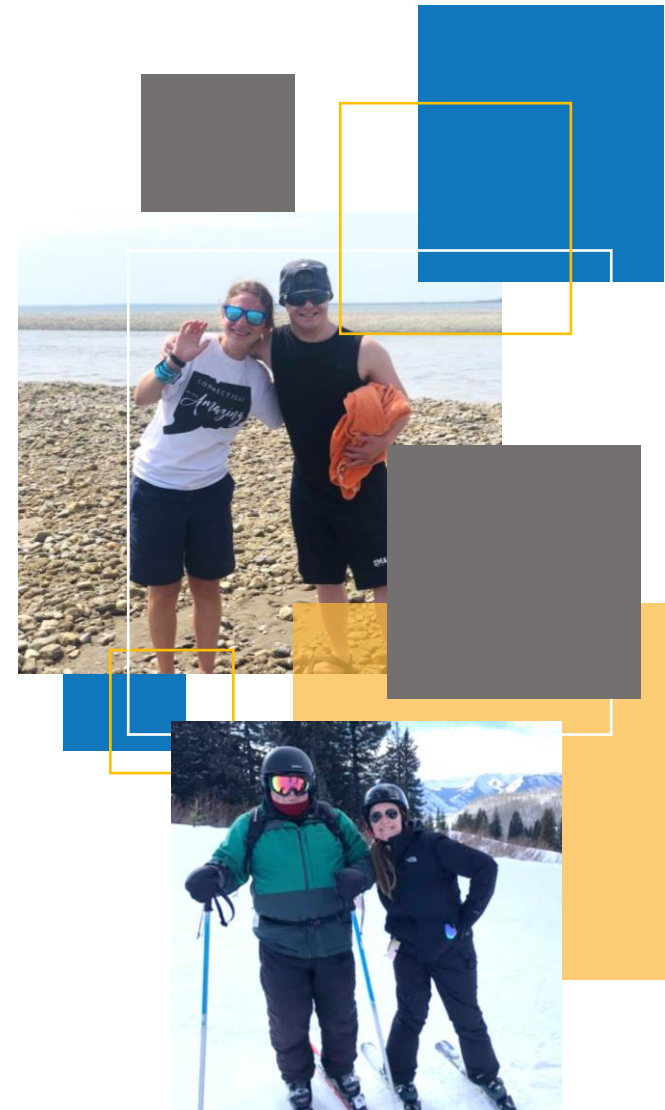
Contact Us

1040 Whalley Ave.
New Haven, CT 06515

(203) 397-1714

admission@chapelhaven.org

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Chapel Haven Schleifer Center Recreation Program



Special Olympics

CHSC participates in seven Special Olympics of Connecticut sports:

- Bowling (unified & traditional)
- Basketball (unified & traditional)
- Swimming
- Soccer
- Track & Field (unified & traditional)
- Softball
- Tennis (unified & traditional)

Special Olympics sports run year round at CHSC with practices weekly and competitions twice a season.

“Let me win, but if I cannot win, let me be brave in the attempt.” Special Olympics of CT motto

Recreation Trips

Recreation trips consist of on-campus and off-campus community events on Thursday-Sunday. Trips often include movies, zoos, theatre shows, museums, amusement parks, hikes, and more!

Outreach Club

Rec members can participate in a variety of club sessions on Monday-Wednesday nights from 7-9pm in the Outreach room at CHSC. Club topics include yoga, book club, music appreciation, mindfulness, and more!

Recreation Classes

At the Jewish Community Center of Greater New Haven, adults may participate in:

- Open choice - Thursday 2-3pm
- Adaptive basketball - Thursday 6-9pm
- Adaptive tennis - Friday 2-3pm

Unified Sports Club

Club members wear trackers and participate in healthy activities with unified partners while earning rewards. As of April 2019, the club has walked over 40,000 miles!



Best Buddies

The mission of Best Buddies is to create one to one friendships for people with intellectual disabilities and provide opportunities for social development.

- At Chapel Haven, Best Buddies meets Tuesday nights from 7-9pm during the months of September-May.
- Chapel Haven adults are paired with student buddies from Southern Connecticut State University.
- Buddy pairs participate in weekly activities. Past activities have included healthy cooking, paint nights, yoga classes, game nights, and more!

Best Buddies often has group outings that are free to participants.