



CHAPEL HAVEN
SCHLEIFER CENTER
GROW THRIVE BELONG

FEBRUARY

NATIONAL HEART MONTH



FREE BLOOD PRESSURE & PULSE SCREENINGS!

Stop by Nurse Brittany's office in the SAIL building on Tuesdays in February between 12pm–2pm for free blood pressure and pulse screenings.

Tuesdays
12pm–2pm



HEART HEALTH INFO SESSIONS!

Want to learn more about how to keep your heart healthy? Nurse Brittany will be hosting information sessions on Thursdays at 1pm on education, fun activities & more!

Thursdays
1pm

