

WHAT OUR STUDENTS AND PARENTS SAY:



"Chapel Haven has helped me gain more independence through making my own meals and creating my own budget. Chapel Haven has also helped me learn more about myself through perspective-taking. I've become a better listener and gained more unique and interesting friends."
CHENEY R., – ASAT COMMUNITY MEMBER



"Blake's life was transformed by his education and experience at Chapel Haven. When he first enrolled he was withdrawn and seemed incapable of living independently, forming social relationships and entering adulthood with a vision of his future. Using the campus, city and state as his classroom, Blake learned how to live -and flourish- on his own. Since he completed his program, Blake has moved into an apartment in the neighborhood with a friend from Chapel Haven. He has an increasingly rich and varied social life with old and new friends, is enrolled in a job-focused manufacturing training program and lives as an independent adult. It has been a remarkable transformation."

ELLEN K., – PARENT OF BLAKE



"My son struggles with executive functioning and anxiety, and those are things that can hold him back. I was looking for a program where he would feel comfortable and supported enough to work on those things. He's made great progress. He is very happy and always quite sure that this is the program for him and that it's helping him get where he wants to go. I'm so proud of him."

KIRBY M., – PARENT



**CHAPEL HAVEN
SCHLEIFER CENTER**

OUR MISSION

Chapel Haven provides lifelong individualized services for people with developmental and social disabilities, empowering them to live independent and self-determined lives.

ACCREDITATIONS



NATIONALLY ACCREDITED THROUGH CARF
(Commission on Accreditation of Rehabilitation Facilities)

APPROVED BY THE CT STATE DEPARTMENT OF EDUCATION
as a special education school

PRESTIGIOUS PARTNERSHIPS

Yale



WHELEN
TRUSTED TO PERFORM™

CONTACT INFORMATION

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www.chapelhaven.org



**CHAPEL HAVEN
SCHLEIFER CENTER**

**Asperger Syndrome
Adult Transition**

ASAT



THE FUNDAMENTALS OF ASAT

The Asperger Syndrome Adult Transition (ASAT) Program at Chapel Haven Schleifer Center, Inc. is nationally renowned for guiding adults to live independent and productive lives. Our program focuses on adults, 18 and older, with autism spectrum disorders and related social disabilities who are motivated to gain independence, work toward post-secondary and vocational goals and gain a satisfying circle of adult friends.

CHAPEL HAVEN'S ASAT PROGRAM SERVES A RANGE OF INDIVIDUALS, FROM THOSE WHO ARE 18 AND STILL COMPLETING THEIR HIGH SCHOOL PROGRAM TO OLDER ADULTS WHO CAN BENEFIT FROM OUR A LA CARTE SUPPORTS. WE OFFER A RANGE OF PROGRAM OPTIONS WITH VARYING PRICE POINTS AND CHOICES FOR FAMILIES LOOKING FOR THE NEXT RIGHT STEP FOR THEIR LOVED ONES.

“The ASAT program provides a multitude of experiences, paired with varying degrees of support, to enhance both the self-determination and social communication for each of their community members; all while attending to the individual needs of each member. I have been fortunate to meet and interact with many of the ASAT community members during their participation in SCSU activities and can attest to their growth in self-determination and social communication during their time in the ASAT program.”

**Dr. Barbara Cook, Ed.D., CCC-SLP,
– Associate Professor Department
of Communication Disorders,
Southern CT State University**



“I've been involved in the ASAT program since its inception, and with Chapel Haven more broadly years before that, and now serve on the Board of Directors. Chapel Haven offers one of the best, community focused programs in the country that helps students with Autism/Asperger's transition to adulthood in a supportive setting. It has been my great pleasure to be involved with this program and recommend it heartily.”

**FRED VOLKMARS MD, – Professor,
Yale University & Southern
Connecticut State University,
Board of Directors, Chapel Haven
Schleifer Center**

CHAPEL HAVEN OFFERS A WIDE RANGE OF SERVICES TO ADULTS

INDEPENDENT LIVING

Independent living encompasses many of the daily activities adults typically participate in, with the overlay of social communication taught in all aspects. Developing and living within a budget, managing medications and medical care, preparing meals and maintaining an apartment are all skills addressed within our supports for independent living. These supports may be accessed by participants living in the supported apartments on our campus, as well as by those living in their own apartments, college housing, or their families' homes.



VOCATIONAL DEVELOPMENT

The ASAT program strives to assist participants in finding a career path that is not only a vehicle for employment, but also for an increased quality of life. ASAT and CareerAbility work together through classes, workshops, career counseling, interview prep, internships, job-shadowing and placement assistance to help students navigate a successful path to employment.



SOCIAL RECREATION

The ASAT program offers a range of client-directed social activities on the weekends. Some of our on- and off-campus activities are supported by mentors or staff, while other activities are independent. In addition to Chapel Haven's activities, participants are able to access assistance in planning and scheduling their own activities with friends. New Haven provides a vibrant background of culture, easy transportation and walkable amenities that fit a wide array of student interests.

Please scan the QR code on your mobile device to learn more about CHSC ASAT Program, or visit



[www.chapelhaven.org/
asat-residential-program](http://www.chapelhaven.org/asat-residential-program)

**FOLLOW US ON SOCIAL MEDIA
AT: @CHAPELHAVEN**



SOCIAL COMMUNICATION

Chapel Haven's ASAT program is renowned for a curriculum that is taught through the lens of social communication. Our focus is to move beyond the traditional classroom setting and to coach our students to generalize social communicative competency in all aspects of their lives. Our curriculum focuses on developing conversational skills, as well as skills related to the nonverbal aspects of communication. This area of support strives to allow students to become more independent and successful in personal relationships, post-secondary education and/or the world of work. The speech-language pathologist provides individual and small group instruction, in addition to intervention infused into a range of real-life settings.

HIGH SCHOOL TRANSITION (Ages 18 - 22)

Chapel Haven has a state-approved private special education program for students who have completed their high school academics but need instruction for transition skills. This program accepts referrals from families as well as from local school districts. Individuals whose funding is provided by school districts may participate in day programming, residential programming, or community-based employment or post-secondary day programming, depending on the plan outlined in the IEP.

ADULT EDUCATION CLASSES

The ASAT program offers workshops on a wide range of topics, such as budgeting, cooking, art, job search skills and dating/sexuality. These classes are generally held weekly for a twelve-week session. There are day and evening classes available. Much of the teaching is done in settings in the community, but participants also receive instruction in classrooms located on campus.

COLLEGE SUPPORTS

Chapel Haven has a state-approved private special education program for students who have completed their high school academics but need instruction for transition skills. On and off campus supports are offered to help students learn to navigate both the academic and non-academic aspects of college life, including

executive functioning, self-advocacy, problem solving and integrating into life on a college campus.

TRANSITIONAL HOUSING

Some individuals may benefit from living in apartments on the Chapel Haven campus. We offer a wide variety of living arrangements to meet adults at their current level of independence. Some may still need 24/7 staff oversight in the beginning, while others may be ready for a more independent setting, with access to staff on call if needed. ASAT offers both via on campus apartments. Participants live in two- and three-bedroom apartments, each person having a private bedroom.

COGNITIVE-BEHAVIORAL THERAPY

The ASAT program offers a licensed Cognitive Behavioral Therapist who is available to meet with students individually to provide goal-oriented treatment with a practical approach to problem solving. CBT may be used to help individuals regulate their emotions, develop impulse control or manage anxiety. CBT sessions are offered not only in the clinician's office, but also, as appropriate, in the settings where challenges are actually occurring. In addition to individual sessions, a number of CBT-based small group classes are offered on a rotating basis.

