

May 2026 Community Life Program

Mon	Tue	Wed	Thu	Fri
				
<p>4) Morning Meeting-9:00-10:00 10:00-12:00 Group 1: Walking group On Campus group: Cardio Class /Meditation for the Mind Lunch 12:00-1:00 1:00-3:00 Group 1: Healthy Shopping On campus group: -Trivia /Karaoke</p>	<p>5) Morning Meeting-9:00-10:00 10:00-12:00 Group 1: Healthy Cooking On campus group: 10:00-11:00: lets Learn about Cinco de Mayo 11:00-12:00: Members choice Lunch 12:00-1:00 1:00-3:00 Group 1: Walking group On campus group: Movie group: Three Amigos Lunch will be provided: bring your own lunch if preferred.</p>	<p>6) Morning Meeting 9:00-10:00 10:00-12:00 Group 1: Book Bank Group 2: Elm City On campus: Budgeting for SAIL Members choice Lunch 12:00-1:00 1:00-3:00 Group 1- Downtown Evening soup Kitchen On-campus group-Practicing with Money and Adaptive Cardio</p>	<p>7) Morning Meeting-9:00-10:00 10:00-12:00 Group 1: Lets keep ASD clean On campus Group: Jeopardy Lunch 12:00-1:00 1:00-3:00 Arts and Crafts</p>	<p>8) Morning Meeting-9:00-10:00 10:00-12:00 Group 1:JCC On Campus group: -Indoor Cardio -Board games/ coloring Lunch 12:00-1:00 1:00-3:00 Group 1: off-campus walk On campus group: 1:00-2:00 Westville walk 2:00-3:00 Starters and stoppers</p>
<p>11) Morning Meeting-9:00-10:00 10:00-12:00 Group 1: Walking group On Campus group: Cardio Class /Meditation for the Mind Lunch 12:00-1:00 1:00-3:00 Group 1: Healthy Shopping On campus group: -Trivia /Karaoke</p>	<p>12) Morning Meeting-9:00-10:00 10:00-12:00 Group 1: Healthy Cooking On campus group: Basketball and games in the courtyard Lunch 12:00-1:00 1:00-3:00 Bowling at Amity Bowl Lunch will be provided: bring your own lunch if preferred.</p>	<p>13) Morning Meeting 9:00-10:00 10:00-12:00 Group 1: Book Bank Group 2: Elm City On campus: Budgeting for SAIL Members choice Lunch 12:00-1:00 1:00-3:00 Group 1- Downtown Evening soup Kitchen On-campus group-Practicing with Money and Adaptive Cardio</p>	<p>14) Morning Meeting-9:00-10:00 10:00-12:00 Group 1: Lets keep ASD clean On campus Group: Family Feud Lunch 12:00-1:00 1:00-3:00 Arts and Crafts</p>	<p>15) Morning Meeting-9:00-10:00 10:00-12:00 Group 1:JCC On Campus group: -Indoor Cardio -Board games/ coloring Lunch 12:00-1:00 1:00-3:00 Spring Photo Scavenger hunt</p>

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<p>18) Morning Meeting-9:00-10:00 <u>10:00-12:00</u> Group 1: Walking group On Campus group: Cardio Class /Meditation for the Mind Lunch 12:00-1:00 <u>1:00-3:00</u> Group 1: Healthy Shopping On campus group: -Trivia /Karaoke</p>	<p>19) Morning Meeting-9:00-10:00 <u>10:00-12:00</u> Group 1: Healthy Cooking On campus group: Members choice Lunch 12:00-1:00 <u>1:00-3:00</u> Group 1: Walking group On campus group: Practicing with Money and Adaptive Cardio Lunch will be provided: bring your own lunch if preferred.</p>	<p>20) Morning Meeting 9:00-10:00 <u>10:00-12:00</u> Group 1: Book Bank Group 2: Elm city On campus: Budgeting for SAIL Members choice Lunch 12:00-1:00 <u>1:00-3:00</u> Group 1- Downtown Evening soup Kitchen On-campus group- Duet Karaoke– sing with a partner.</p>	<p>21) Morning Meeting-9:00-10:00 <u>10:00-12:00</u> Group 1: Lets keep ASD clean On campus Group: Who does this job? Lunch 12:00-1:00 <u>1:00-3:00</u> Life Skills Bingo</p>	<p>22) Morning Meeting-9:00-10:00 <u>10:00-12:00</u> Group 1:JCC On Campus group: -Indoor Cardio -Board games/ coloring Lunch 12:00-1:00 <u>1:00-3:00</u> Group 1: off-campus walk On campus group: Baking group</p>
<p>25) <u>Memorial Day</u> CLP Closed</p>	<p>26) Morning Meeting-9:00-10:00 <u>10:00-12:00</u> Group 1: Healthy Cooking On campus group: Can you afford this? Lesson. Lunch 12:00-1:00 <u>1:00-3:00</u> Group 1: Walking group On campus group: Video games and VR Lunch will be provided: bring your own lunch if preferred.</p>	<p>27) Morning Meeting 9:00-10:00 <u>10:00-12:00</u> Group 1: Book Bank Group 2: Elm City On campus: Budgeting for SAIL Members choice Lunch 12:00-1:00 <u>1:00-3:00</u> Group 1- Downtown Evening soup Kitchen On-campus group-Practicing with Money and Cardio</p>	<p>28) Morning Meeting-9:00-10:00 <u>10:00-12:00</u> Group 1: Lets keep ASD clean On campus Group: Jeopardy Lunch 12:00-1:00 <u>1:00-3:00</u> Arts and Crafts</p>	<p>29) Morning Meeting-9:00-10:00 Full day Trip Beardsley Zoo: Budget 45 dollars For admission and lunch. Half day members 10:00-12:00 Members choice 12:00-1:00 Lunch 1:00-3:00 Bills Carousel Budget: \$5-10 dollars</p>