


July 2026 Community Life Program

Mon	Tue	Wed	Thu	Fri
		1) Morning Meeting 9:00-10:00 <u>10:00-12:00</u> Group 1: Book Bank Members choice Lunch 12:00-1:00 <u>1:00-3:00</u> Group 1- Downtown Evening soup Kitchen. Group 2: Library Group On-campus group-Practicing with Money and Adaptive Cardio	2) Morning Meeting-9:00-10:00 Group 1: 10:00-12:00 Book Pick up: Read to Grow. Group 2: Lets keep ASD clean Lunch 12:00-1:00 <u>1:00-3:00</u> Arts and Crafts	3) Morning Meeting-9:00-10:00 <u>10:00-12:00</u> Group 1:JCC On Campus group: -Indoor Cardio -Board games/ coloring Lunch 12:00-1:00 <u>1:00-3:00</u> Group 1: Ikea walk On campus group: Members choice
6) Summer Break NO CLP	7) Summer Break NO CLP	8) Summer Break NO CLP	9) Summer Break NO CLP	10) Summer Break NO CLP
13) Morning Meeting-9:00-10:00 <u>10:00-12:00</u> Group 1:Walking group On Campus group: Cardio Class /Meditation for the Mind Lunch 12:00-1:00 <u>1:00-3:00</u> Group 1: Healthy Shopping On campus group: -Trivia /Karaoke	14) Morning Meeting-9:00-10:00 <u>10:00-12:00</u> Group 1: Healthy Cooking Group 2: Friends of Edgewood Park On campus group: 10:00-11:00: karaoke 11:00-12:00: Hangman Lunch 12:00-1:00 <u>1:00-3:00</u> BBQ and outdoor games. Lunch will be provided: bring your own lunch if preferred.	15) Morning Meeting 9:00-10:00 <u>10:00-12:00</u> Group 1: Book Bank On campus: (Budgeting for SAIL members) Members choice Lunch 12:00-1:00 <u>1:00-3:00</u> Group 1- Downtown Evening soup Kitchen On-campus group-Practicing with Money and Adaptive Cardio	16) Morning Meeting-9:00-10:00 Group 1 : Lets keep ASD clean On campus Group: Lets Travel Lunch 12:00-1:00 <u>1:00-3:00</u> Arts and Crafts	17) Morning Meeting-9:00-10:00 <u>10:00-12:00</u> Group 1:JCC On Campus group: -Indoor Cardio -Board games/ coloring Lunch 12:00-1:00 <u>1:00-3:00</u> Group 1: Basketball and Court yard games Group 2: Hamden Trail walk

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<p>20) Morning Meeting-9:00-10:00 <u>10:00-12:00</u> Group 1: Walking group On Campus group: Cardio Class /Meditation for the Mind Lunch 12:00-1:00 <u>1:00-3:00</u> Group 1: Healthy Shopping On campus group: -Trivia /Karaoke</p>	<p>21) Morning Meeting-9:00-10:00 <u>10:00-12:00</u> Group 1: Healthy Cooking Group 2: Friends of Edgewood Park On campus group: 10:00-11:00: karaoke 11:00-12:00: Hangman Lunch 12:00-1:00 <u>1:00-3:00</u> Bowling at Amity bowl Lunch will be provided: bring your own lunch if preferred.</p>	<p>22) Morning Meeting 9:00-10:00 <u>10:00-12:00</u> Group 1: Book Bank Group 2: Elm City On campus: Budgeting for SAIL Members choice Lunch 12:00-1:00 <u>1:00-3:00</u> Group 1- Downtown Evening soup Kitchen Group 2 Library group On-campus group-Practicing with Money and Adaptive Cardio</p>	<p>23) Morning Meeting-9:00-10:00 Group 1: 10:00-12:00 Entering the world of work. Group 2: Lets keep ASD clean Lunch 12:00-1:00 <u>1:00-3:00</u> Arts and crafts</p>	<p>24) Crafts Morning Meeting-9:00-10:00 <u>10:00-12:00</u> Group 1: JCC Group 2: Walking group On Campus group: -Indoor Cardio -Board games/ coloring Lunch 12:00-1:00 <u>1:00-3:00</u> Group 1: Outing to Barnes and nobles (optional budget for a drink 5-10 Dollars) On campus group: Members choice</p>
<p>27) Morning Meeting-9:00-10:00 <u>10:00-12:00</u> Group 1: Walking group On Campus group: Cardio Class /Meditation for the Mind Lunch 12:00-1:00 <u>1:00-3:00</u> Group 1: Healthy Shopping Group 2: Video Games On campus group: -Trivia /Karaoke</p>	<p>28) Morning Meeting-9:00-10:00 <u>10:00-12:00</u> Group 1: Healthy Cooking Group 2: Friends of Edgewood Park On campus group: 10:00-11:00: This or that? 11:00-12:00: Chair yoga Lunch 12:00-1:00 <u>1:00-3:00</u> Group 1- walking group On campus- Life skills Bingo Lunch will be provided: bring your own lunch if preferred.</p>	<p>29) Morning Meeting 9:00-10:00 <u>10:00-12:00</u> Group 1: Book Bank Group 2: Elm City On campus: Budgeting for SAIL Members choice Lunch 12:00-1:00 <u>1:00-3:00</u> Group 1- Downtown Evening soup Kitchen Group 2 Library Group On-campus group-Practicing with Money and Adaptive Cardio</p>	<p>30) Morning Meeting-9:00-10:00 Group 1: 10:00-1100 Healthy Relations 11:00-12:00: Who does this Job Group 2: Lets keep ASD clean Trip 12:00-3:00 Lunch at Chips Family restaurant Budget 25 dollars</p>	<p>31) Morning Meeting-9:00-10:00 <u>10:00-12:00</u> Group 1: JCC Group 2: Walking group On Campus group: -Indoor Cardio -Board games/ coloring Lunch 12:00-1:00 <u>1:00-3:00</u> Group 1: Flying kites at Eastshore park. On campus group: Members choice</p>