CHAPEL HAVEN
SCHLEIFER CENTER
GROW THRIVE BELONG

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NEW HAVEN, CONNECTICUT
SINCE 1972

At A Glance

PROGRAMS AT CHAPEL HAVEN SCHLEIFER CENTER



GROW
Transition Programs
ASAT · REACH · CATCH

THRIVE
Graduate Communities
Bridge · SLP · SAIL

BELONG
Day & Enrichment
CLP · CareerAbility · Campus Life & Beyond

GROW

TRANSITION PROGRAMS

Residential, day, and a la carte programming that guides adults toward more fulfilling, independent, and self-determined lives. Each program is tailored to the individual's strengths so they can progress at their own speed.

ASAT AUTISM SUPPORTS AND TRANSITION

Founded 2006 · New structure beginning July 1, 2027

Helps neurodivergent adults with social communication disabilities achieve self-determined and independent lives. Designed for adults with autism (ASD Level 1), social communication disorders, executive functioning and nonverbal learning challenges, and ADHD.

- **ASAT Day:** Ages 18 to 22, placed by their school district. Three days a week in our work-based learning vocational program, and core ASAT classes on the other days.
- **CATCH-ASAT:** The ASAT track within CATCH, our one-year residential program.
- **A la carte:** Adult education classes each quarter and executive functioning coaching.

74% of ASAT adults are engaged in meaningful vocational pursuits

REACH RESIDENTIAL EDUCATION AT CHAPEL HAVEN

Ages 18–30 · Two years

An ideal transition program for young adults with mild developmental and intellectual disabilities, including autism spectrum conditions and Down syndrome. Students live in fully furnished, apartment-style housing on campus, where classroom learning is paired with hands-on instruction in the community and each student's apartment.

Four foundations: Functional Academics · Life Skills · Social & Recreational Life · Vocational Experience

80% of REACH graduates historically transition into a graduate community, maintaining independence with about 3 hours of support per week

CATCH CONNECTING ADULTS TO CHAPEL HAVEN

One year

A welcoming, one-year residential program for adults who are ready to explore independent living and have prior independent living, supported living, or transition programming experience. Adults who meet ASAT admission criteria can join CATCH-ASAT. Afterward, adults can transition into one of CHSC's lifelong residential options, including SLP or SAIL.

- Campus apartment with access to 24/7 staff support
- Up to 20 hours/week of classes and activities
- Up to 10 hours/week of one-on-one coaching
- Vocational exploration through CareerAbility

THRIVE

GRADUATE COMMUNITIES

Ongoing support options for adults who have completed a transition program, determined by the strengths and needs of each individual. Recommendations are individualized and developed in collaboration with each adult's planning and support team.

Bridge ONE YEAR · ON CAMPUS

AFTER REACH

An additional year of support for recent REACH graduates before transitioning into SLP or SAIL.

- Weekly one-to-one support from a Support Coordinator, plus access to overnight staff
- Consultation with the CHSC Benefits Coordinator
- On campus housing
- Additional a la carte services: continuing adult education & wellness classes, recreation, Community Life Program adult day program, and CareerAbility

SLP SUPPORTED LIVING PROGRAM

AFTER REACH, BRIDGE, ASAT, OR CATCH

Individualized in-home and community-based support. Graduates, called "Community Members," live off campus and enjoy full access to CHSC's community.

- Case management and life skills support, from 1 hour per month up to 10 hours per week
- 24-hour emergency assistance overnight
- Additional a la carte services: continuing adult education & wellness classes, recreation, Community Life Program adult day program, and CareerAbility

approximately 150 adults receive an average of 3 hours of personalized support each week

SAIL

AFTER REACH, BRIDGE, OR CATCH

SCHLEIFER ADULT INDEPENDENT LIVING

A long-term, tuition-based residential program for graduates seeking a vibrant, supported community on campus.

- Single and double apartments with 24/7 staff support, 365 days a year
- Fitness center, yoga room, and wellness café
- Case management and onsite nursing (RN)
- Additional a la carte services: continuing adult education & wellness classes, recreation, Community Life Program adult day program, and CareerAbility



BELONG

DAY & ENRICHMENT

A la carte programs for work, learning, wellness, and community. Programs marked **Open to the community** are also available to adults who do not live in a CHSC residential program or graduate community.

CLP COMMUNITY LIFE PROGRAM

OPEN TO THE COMMUNITY

A structured, meaningful day for adults who are not currently working or are employed part-time. Morning (9am–12pm) and afternoon (12–3pm) sessions include wellness activities, group discussions, social outings, and weekly community service with local organizations. CLP can be funded by private pay or with DDS Day Service Option budgets.

CareerAbility EMPLOYMENT SERVICES

Founded in 2017, CareerAbility has guided adults toward meaningful employment. Every participant is paired with a Career Development Advisor, with services spanning career advisement, work-based learning, employment programs, and job placement.

87% of adults placed in jobs since 2018 are still employed, including 93% of Customized Employment placements

Campus Life & Beyond

OPEN TO THE COMMUNITY

Recreation, wellness, arts, and continuing adult education. Adults choose from 30+ on-campus activities each week and 45+ off-campus outings each month, plus group exercise, adaptive fitness, personal training, and twelve-week continuing education workshops.

ADMISSIONS

Interested adults and families can begin by contacting our admissions team.

- Review of recent evaluations, school or program reports, and vocational assessments
- Virtual interview
- Online application
- Sample day
- 3-night overnight assessment (for residential consideration only)

Connect to explore how to grow, thrive, and belong at Chapel Haven Schleifer Center.

chapelhaven.org/contact-chapel-haven

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ACCREDITATION & APPROVALS

Accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF) International, approved by the Connecticut State Department of Education and by the Massachusetts Board of Education, and a provider for the Connecticut Department of Developmental Services.