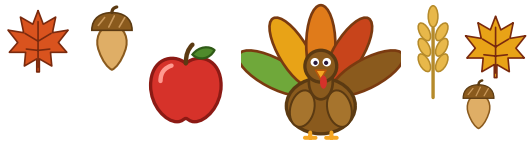
COMMUNITY LIFE PROGRAM

November 2026

Activity Calendar



Mon 2

Morning Meeting
9:00 am to 10:00 am

Walking Group Off campus
Indoor Cardio / Meditation for the Mind On campus
10:00 am to 12:00 pm

Lunch
12:00 pm to 1:00 pm

Healthy Shopping Off campus
Trivia / Karaoke On campus
1:00 pm to 3:00 pm

Tue 3

Morning Meeting
9:00 am to 10:00 am

Fall Walk / Members Choice Off campus
Healthy Cooking On campus
10:00 am to 12:00 pm

Lunch
12:00 pm to 1:00 pm

Lunch will be provided: bring your own lunch if preferred.

Jewelry Making On campus
1:00 pm to 3:00 pm

Wed 4

Morning Meeting
9:00 am to 10:00 am

Name That Tune / Indoor Cardio On campus
Book Bank Off campus
Elm City Walking off campus
10:00 am to 12:00 pm

Lunch
12:00 pm to 1:00 pm

Practicing with Money / Indoor Cardio On campus
Soup Kitchen Off campus
Ikea walk Off campus
1:00 pm to 3:00 pm

Thu 5

Morning Meeting
9:00 am to 10:00 am

Jobs Discussion On campus
Fall Walk Off campus
Keep ASD Fitness Clean Off campus
10:00 am to 12:00 pm

Lunch
12:00 pm to 1:00 pm

Arts and Crafts On campus
1:00 pm to 3:00 pm

Fri 6

Morning Meeting
9:00 am to 10:00 am

Off Campus Walk Off campus
Board Games and Coloring / Indoor Cardio On campus
JCC Off campus
10:00 am to 12:00 pm

Lunch
12:00 pm to 1:00 pm

Video Games / Healthy Habits On campus
Fall Walk Off campus
1:00 pm to 3:00 pm

Mon 9

Morning Meeting
9:00 am to 10:00 am

Walking Group
Off campus
Indoor Cardio / Meditation for the Mind
On campus
10:00 am to 12:00 pm

Lunch
12:00 pm to 1:00 pm

Healthy Shopping
Off campus
Trivia / Karaoke
On campus
1:00 pm to 3:00 pm

Tue 10

Morning Meeting
9:00 am to 10:00 am

Card Games / Kindness Class On campus
Healthy Cooking
On campus
10:00 am to 12:00 pm

Lunch
12:00 pm to 1:00 pm

Lunch will be provided: bring your own lunch if preferred.

Walking Group *(if offered)* Off campus
Lets interview each other
1:00 pm to 3:00 pm

Wed 11

Morning Meeting
9:00 am to 10:00 am

Budgeting for SAIL / Library Group On campus
Book Bank Off campus
Elm City
Walking off campus
10:00 am to 12:00 pm

Lunch
12:00 pm to 1:00 pm

Practicing with Money / Indoor Cardio On campus
Soup Kitchen Off campus
1:00 pm to 3:00 pm

Thu 12

Morning Meeting
9:00 am to 10:00 am

Arts and Crafts
On campus
Keep ASD Fitness Clean
Off campus
10:00 am to 12:00 pm

Lunch
12:00 pm to 1:00 pm

Pie making On campus
1:00 pm to 3:00 pm

Fri 13

Morning Meeting
9:00 am to 10:00 am

JCC guest speakers
On campus
10:00 am to 12:00 pm

Lunch
12:00 pm to 1:00 pm

Farm scavenger hunt
Off campus
1:00 pm to 3:00 pm

Mon 16

Morning Meeting
9:00 am to 10:00 am

Walking Group
Off campus
Indoor Cardio / Meditation for the Mind
On campus
10:00 am to 12:00 pm

Lunch
12:00 pm to 1:00 pm

Healthy Shopping
Off campus
Trivia / Karaoke
On campus
1:00 pm to 3:00 pm

Tue 17

Morning Meeting
9:00 am to 10:00 am

Life Skills Bingo
On campus
Healthy Cooking
On campus
10:00 am to 12:00 pm

Lunch
12:00 pm to 1:00 pm

Lunch will be provided: bring your own lunch if preferred.

Jobs Discussion *(if offered)* On campus
Bowling
1:00 pm to 3:00 pm

Wed 18

Morning Meeting
9:00 am to 10:00 am

Reading Group
On campus
Book Bank Off campus
Elm City
Walking off campus
10:00 am to 12:00 pm

Lunch
12:00 pm to 1:00 pm

Recycling Group *(if offered)* Off campus
Practicing with Money / Indoor Cardio On campus
Soup Kitchen Off campus
1:00 pm to 3:00 pm

Thu 19

Morning Meeting
9:00 am to 10:00 am

Lets Learn about Native Americans On campus
Keep ASD Fitness Clean
Off campus
10:00 am to 12:00 pm

Lunch
12:00 pm to 1:00 pm

Arts and Crafts
On campus
1:00 pm to 3:00 pm

Fri 20

Morning Meeting
9:00 am to 10:00 am

Stew Leanards
Off campus
10:00 am to 12:00 pm

Lunch
12:00 pm to 1:00 pm

Members Choice
On campus
1:00 pm to 3:00 pm

Mon 23

Morning Meeting
9:00 am to 10:00 am

Walking Group
Off campus
Indoor Cardio / Meditation for the Mind
On campus
10:00 am to 12:00 pm

Lunch
12:00 pm to 1:00 pm

Healthy Shopping
Off campus
Trivia / Karaoke
On campus
1:00 pm to 3:00 pm

Tue 24

Morning Meeting
9:00 am to 10:00 am

Healthy Cooking
On campus
Thanksgiving Lesson
10:00 am to 12:00 pm

Lunch
12:00 pm to 1:00 pm

Lunch will be provided: bring your own lunch if preferred.

CLP Thanksgiving
On campus
1:00 pm to 3:00 pm

Wed 25

No program
Thanksgiving Break

Thu 26

No program
Thanksgiving Break

Fri 27

No program
Thanksgiving Break

Mon 30

Morning Meeting
9:00 am to 10:00 am

Walking Group
Off campus
Indoor Cardio / Meditation for the Mind
On campus
10:00 am to 12:00 pm

Lunch
12:00 pm to 1:00 pm

Healthy Shopping
Off campus
Trivia / Karaoke
On campus
1:00 pm to 3:00 pm

